

Our Knowledge of God and Ourselves Through Faith is Our Grace in the Wilderness

EMOTIONAL AND SPIRITUAL HEALTH
INTIMACY - HOLINESS

“For this very reason, adding your diligence[to the divine promises], employ every effort in exercising your faith to develop virtue (excellence, resolution, Christian energy) and in [exercising] virtue [develop] knowledge (intelligence), and in [exercising] knowledge [develop] self-control.” 2 Peter 1: 5,6 Amp

Grow in the Knowledge Of God

exercising intelligence

“Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and **learn from Me**, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.” Matt 11: 28-30

Exercising Knowledge is Wisdom

We learn by putting on the yoke of Jesus or abiding in His Holy Spirit. The end result is rest not just in body, but also in your soul. **Yoke is connected to work - plowing a field, but as you partake of His Nature the burden is light. He asks us to put it on because He is good (gentle and lowly in heart).**

Grow in the Knowledge of Ourselves self aware

“However, when He, the Spirit of truth, has come, He will guide you into **all** truth...” John 16:13, Heb 4:12, 1 Pet 5:7, Prov 21:2

We welcome Jesus into our hearts and He shines light through the knowledge of His word on our hearts to reveal thoughts, actions and motives that don't line up with His ways. He is continually purifying us and sanctifying us by the washing of His word. Psa 119 :11, Eph 5:26

Jesus was continually pushing the disciple to press past their understanding, mindsets, reasoning, to a greater reality of a heavenly mindset. He showed new revelation about the Father. All things become new.

Jesus leads us beyond ourselves so that all glory goes to Him; He Delivers Us of Ourselves

We must continually be aware of where our humanity ends and the Holy Spirit starts, keeping us humble. It takes renewing our focus daily to remind us of our need for Him.

WHEREVER YOU GIVE GOD GLORY GOD GIVES YOU PEACE.

Abiding In His Words

(exercising knowledge)

Produces Fruit

If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you. By this My Father is glorified, that you bear much fruit; so you will be My disciples. John 15:7,8

We must know His words to exercise them. As we exercise them we are abiding and taking on His Nature. This activates His presence and He is glorified bearing much fruit.

“While anyone is hearing the word of the Kingdom and does not grasp and comprehend it, the evil one comes and snatches away what was sown in his heart.” Matt 13:9 Amp



**BREAK OUT
SESSION
3**

Connecting God's Ability and Provision with Our Current Situation

1. What Have you learned about God through a past or recent trial? For current trials, If you haven't learned anything new yet, ask God to reveal Himself in a new way through it.

2. What have you learned about yourself in a present or past wilderness experience?

Example:

a) I have been able to give to the person that has let me down, bringing an understanding of God in that He forgives and then pursues me. I was able to walk out the same grace He has given me.. I experienced God's heart in and through me.

b) My pride is usually what keeps me from fully letting go. Until I did something good for that person did I feel like all bitterness was gone.